

Directions to the Race

Location

Northeast Park is located at
High Rock Rd At Huffine Mill Rd
Gibsonville, NC 27249

Entering from US-29

- Take the HICONE RD. exit and turn right if coming from the South/ left if coming from the North onto HICONE RD. Continue for 5.3 miles, till the road ends.
- Turn left onto HUFFINE MILL RD, continue for 1.1 miles.
- Turn left onto HIGH ROCK RD, continue for 0.3 miles.
- Turn right onto NORTHEAST PARK DR.

Entering from I-85, I-40, US-421, & North US-220

- Take the Gibsonville/ NC-61 North Exit
- Go NC-61 North towards Gibsonville for 1.7 miles.
- Veer right and continue on NC-61 North for 3.4 miles.
- Turn Right onto NC-61 Continue to follow NC-61 for 2.0 miles.
- Stay Straight onto FRIEDEN CHURCH RD, continue for 4.8 miles.
- Turn Right onto HIGH ROCK RD, continue for 2.5 miles.
- Turn Right onto NORTHEAST PARK DR.

Entering from the South on US-220

- Go South on US-220.
- Follow BATTLEGROUND AVE / US-220 S for 6.3 miles.
- Take the WENDOVER AVE EAST / US-220 S ramp.
- Merge onto W WENDOVER AVE and stay on WENDOVER AVE for 2.3 miles.
- Take the HWY 29 exit and stay on HWY 29 for 5.0 miles.
- Take the HICONE RD. exit.
- Turn Right onto HICONE RD, continue for 5.3 miles.
- Turn Left onto HUFFINE MILL RD, continue for 1.1 miles.
- Turn Left onto HIGH ROCK RD, continue for 0.3 miles.
- Turn Right on to NORTHEAST PARK DR.



DISTANCES

Half Marathon
And 8k Trail Race

DATE

February, 13, 2010

LOCATION

Northeast Park
Greensboro, NC

DETAILS

The Groundhog Gallop Trail Race at Northeast Park will be run on some of the best new trails in North Carolina. Both the half marathon and 8k includes a great course, wicking tee, and superb awards.

ONRP
15 Owls Roost Ct
Greensboro, NC 27410

For more information contact:

smbassett@hotmail.com

Mail to:
15 Owls Roost Ct
Greensboro, NC 27410

Race Application Groundhog Gallop

Register online www.GroundHogGallop.com

Make check payable to:
ONRP

Race Details

DATE

Saturday, February 13, 2009

TIMES

Late Registration 7:30 AM - 8:30 AM

Late Packet Pickup 7:30 - 8:30 AM

Race Start: 9:00 AM

COST

\$35 - Half Marathon (\$40 on race day)

\$25 - 8k (\$30 on race day)

AWARDS

Overall male/female winners

Age Group awards will be given in the following divisions: Under 19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

COURSE INFORMATION

Northeast Park offers miles of hiking, biking, and equestrian trails. This course has it's share of rocks, roots, hills, twists and turns. The course is typical of most hiking/mountain bike trails in the area. The half marathon also includes a low-water crossing so bring dry socks! The course is not as difficult as Uwharrie but it is more difficult that your average stroll in the park.

Cut & Return

Last Name _____ First Name _____

Birthday _____ Age on race Day _____ Select One: Male Female

Address _____

City _____ State _____ Zip _____

Home Phone _____ Email _____

RACE CATEGORY

Select One

Half Marathon

8k

SHIRT

Select One

Shirts are unisex,

Xsmall

Small

Medium

Large

Xlarge

Signature (Parent if under 18 years of age)

Date

RACE WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including, but not limited to, falls, contact with other participants, the effects of the weather including high heat and humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the OFF N RUNNING, the City of Greensboro, The City of High Point, The Parks and Recreation Department, the race organizer, all other sponsors, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I grant the race organizers my permission to use any images taken of me in further publicity or advertising.